

Write your answers in your study journal

Study Guide: The Atonement

WHAT HAPPENED INSIDE THE GARDEN OF EDEN?

- 1) What did the Lord command Adam and Eve to do? Moses 2:28
- 2) What did the Lord forbid Adam and Eve from doing in the Garden of Eden? What did the Lord give them? Moses 3:16-17
- 3) What would have happened if Adam and Eve did not partake of the forbidden fruit in the Garden of Eden? 2 Nephi 2:22-23
- 4) Why did Adam and Eve choose to partake of the forbidden fruit? 2 Nephi 2:25

WHAT HAPPENED WHEN THEY LEFT THE GARDEN OF EDEN?

- 5) What did Adam become subject to after partaking? D&C 29:40
- 6) What was the result of partaking of the fruit? D&C 29:41
- 7) Who did the Lord send and why? D&C 29:42
- 8) What happened when they accepted the gospel? D&C 29:43
- 9) How did Adam feel after partaking of the fruit? Moses 5:10
- 10) How did Eve feel after partaking of the fruit? Moses 5:11

WHAT WERE THE EFFECTS OF THE FALL?

- 11) What were the results of partaking of the fruit? Romans 3:23
- 12) When Adam and Eve partook of the fruit and were cast out, what was this called? Alma 12:22
- 13) Why was it good that Adam and Eve were cast out of the garden? 2 Nephi 2:11
- 14) Why was it good that Adam and Eve were cast out of the garden? D&C 29:39
- 15) What did the fall bring? Alma 42:9
- 16) What happened to mankind because of the fall? Alma 42:10

WHAT IS GOD'S PLAN CALLED?

- 17) What is the plan known as and why? Alma 41:2
- 18) What is the plan known as and why? Alma 42:5
- 19) What is the plan known as and why? Alma 42:8
- 20) What is the plan known as and why? Alma 42:11
- 21) What is the plan known as and why? Alma 42:31

WHY IS THERE AN ATONEMENT?

- 22) What does the Atonement save us from? 2 Nephi 9:10
- 23) How does this plan come about? Alma 42:15
- 24) Who redeems us from this fall? 2 Nephi 2:6
- 25) How does Christ fulfill the law? 2 Nephi 2:7
- 26) What does Christ save us from? Helaman 14:15



What does the Atonement mean to you?

What do you feel about the Atonement? What experiences have you had with the Atonement? Why do you want to bring others to Jesus Christ? Why do you want to go on a mission? Write your feelings in your journal.

- 27) Why must Christ die? Helaman 14:16-18
- 28) What did the Atonement appease (satisfy or fulfill)? Alma 42:15
- 29) Who is the only one who can save us? Mosiah 16:13
- 30) What would happen without an Atonement? Jacob 7:12
- 31) How are you spiritually healed from sin? 3 Nephi 9:13
- 32) What do you need to be healed spiritually? 3 Nephi 18:32
- 33) How do you receive the blessings of the Atonement? 2 Nephi 2:7
- 34) How do you receive the blessings of the Atonement? John 3:16-17
- 35) How do you receive the blessings of the Atonement? D&C 20:37
- 36) If you believe in Jesus Christ, what will you do? Helaman 14:13
- 37) What must you do to receive the Atonement blessings? Mosiah 3:19

HOW DO YOU APPLY THE ATONEMENT?

- 38) What are some of the blessings of the Atonement? Mosiah 4:3
- 39) What are some of the blessings of the Atonement? Mosiah 24:14-15
- 40) What are some of the blessings of the Atonement? Alma 5:12-13
- 41) What are some of the blessings of the Atonement? Alma 7:11
- 42) What are some of the blessings of the Atonement? Alma 7:12
- 43) What are some of the blessings of the Atonement? Alma 7:13

WHAT ARE THE BLESSINGS OF THE ATONEMENT?

- 44) What is the gospel? 3 Nephi 27:13-15
- 45) What is our role regarding the Atonement? 2 Nephi 2:8
- 46) How do you bring souls to Christ? D&C 18:11-16
- 47) What happened after Lehi partook of the fruit? 1 Nephi 8:10-12
- 48) What happened after Enos understood the Atonement? Enos 1:9
- 49) What did the sons of Mosiah do? Mosiah 27:36
- 50) What did the sons of Mosiah do after they understood the Atonement? Mosiah 28:3

51) What happens as your understanding of the Atonement of Jesus Christ grows? See Preach My Gospel, page 2, second paragraph. The paragraph starts with: "As your understanding of the Atonement of..."

Write your spiritual impressions in your study journal

WHY MUST WE HAVE THE ATONEMENT?

In pre-mortal life, God presents his plan; Satan objects; Christ is chosen as Savior.

The earth is created to bring about the immortality and eternal life of men and women.

Adam and Eve are put in the Garden; God gives them contradicting instructions.

Adam and Eve are taught the consequences of eating or not eating the forbidden fruit.

Adam and Eve are given their agency, the power to choose. They choose to eat, thank goodness!

THEY CHOOSE TO EAT THE FRUIT

They are cast out of the Garden of Eden.

They became mortal—subject to physical death. This spiritual and physical death is called the Fall.

Effects of the Fall: physical death, spiritual death, life's challenges, broken eternal laws.

IF THEY DID NOT EAT THE FORBIDDEN FRUIT...

Adam and Even would have remained in the Garden of Eden forever in the same state with no ability to have children, living in a state of innocence with no joy, no misery, doing no good because there was no sin. (2 Nephi 2:22–23)

THE END

The Atonement overcomes the effects of the Fall.

 <p><i>Results of the Fall:</i> PHYSICAL DEATH Your mortal body dies. ...</p>	 <p><i>Results of the Fall:</i> SPIRITUAL DEATH You are cut off from God. ...</p>	 <p><i>Results of the Fall:</i> LIFE'S CHALLENGES You have problems on earth. ...</p>	 <p><i>Results of the Fall:</i> LAWS WERE BROKEN Somebody has to pay. ...</p>
 <p><i>Blessings of Atonement:</i> IMMORTALITY</p>	 <p><i>Blessings of Atonement:</i> EXALTATION</p>	 <p><i>Blessings of Atonement:</i> HELP WHILE ON EARTH</p>	 <p><i>Blessings of Atonement:</i> JUSTICE AND MERCY ARE SATISFIED</p>

The blessing of immortality is unconditional; everyone will live forever.

The blessing of exaltation is conditional; you must earn it by obeying commandments.

“And he shall go forth, suffering pains and afflictions and temptations of every kind; and this that the word might be fulfilled which saith he will take upon him the pains and the sicknesses of his people” (Alma 7:11).

“And now, the plan of mercy could not be brought about except an atonement should be made; therefore God himself atoneth for the sins of the world, to bring about the plan of mercy, to *appease the demands of justice*, that God might be a perfect, just God, and a *merciful God* also” (Alma 42:15, italics added).

“Now, there is a death which is called a temporal death; and the death of Christ shall loose the bands of this temporal death, that all shall be raised from this temporal death” (Alma 11:42).

“Yea, behold, this death bringeth to pass the resurrection, and redeemeth all mankind from the first death—that spiritual death; for all mankind, by the fall of Adam being cut off from the presence of the Lord, are considered as dead, both as to things temporal and to things spiritual” (Hel. 14:16).



“As your understanding of the Atonement of Jesus Christ grows, **your desire to share the gospel will increase**. You will feel, as Lehi did, the ‘great ... importance to make these things known unto the inhabitants of the earth’ (2 Ne. 2:8)” (PMG, 2).

“The fundamental principles of our religion are the testimony of the Apostles and Prophets, concerning Jesus Christ, that He died, was buried, and rose again the third day, and ascended into heaven; **and all other things which pertain to our religion are only appendages to it**” (TPJS, p. 121).



APPENDAGE: a thing that is added or attached to something larger or more important