

# LESSON 14

Avoiding A Faith Crisis

TODAY'S KEY WORD:

# Daily Habits

TODAY'S MAIN POINT:

**Will you do the small and simple things to stay on the covenant path and avoid dwindling in unbelief?**

Alma 37:6 (small and simple things) • 2 Nephi 31:17–21 (covenant path) • Mormon 9:20 (dwindle in unbelief)

“A periodic review of the covenants we have made with the Lord will help us with our priorities and with balance in our lives.”

—M. Russell Ballard, April 1987



## WEEKLY Q&A

Answer these questions in your study journal.

1. What are some of the reasons God stops doing miracles in your life? (Mormon 9:20)
2. How do small and simple things bring about great things and in many “instances doth confound the wise” (Alma 37:6)?
3. Why does “the natural man receiveth not the things of the Spirit of God” (1 Cor. 2:14)?
4. What are the promises to those who “would hearken unto the word of God, and would hold fast unto it” (1 Nephi 15:24)?



### HOMework

See the next page. Think celestial as you do the exercise. Ask yourself: What “small and simple things” can I do to make sure I never “dwindle in unbelief”?

## QUOTES OF THE DAY



“My beloved brothers and sisters, dear friends, we all drift from time to time. But we can get back on course. We can navigate our way through the darkness and trials of this life and find our way back to our loving Heavenly Father if we seek and accept the spiritual landmarks He has provided, embrace personal revelation,

and strive for daily restoration. This is how we become true disciples of our beloved Savior, Jesus Christ. (Dieter F. Uchtdorf, Daily Restoration, Oct. 2021)

“Discipleship is not about doing things perfectly; it’s about **doing things intentionally.**” (Dieter F. Uchtdorf, Your Great Adventure, Oct. 2019.)



“If you can raise 12 kids in a shoe, you can be our Primary president.”



# Think Celestial!

See P resident Russell M. Nelson's "Think Celestial!" (Oct. 2023)

## BEST PRACTICES

- First, focus on the eternal: things that will go with you when you leave this earth.
- Second, take care of your earthly needs: things that stay here after you die.
- Remember your responsibilities: you, spouse, children, employer, volunteer, member, etc.
- Start with the your values. Ask: Why will this matter in 1, 5, 20, or 50 years?
- Keep your life connected: spiritual, physical, intellectual, emotional, social, financial.
- Put a check mark (✓) by those things you are already doing and want to maintain.

(1) VALUES What is of most worth to me? What do I treasure? What are the most important things in my life? What concerns me most? What responsibilities have meaning?	(2) OUTCOMES Based on my values, what end result do I desire? What do I want to accomplish? What will make me happy and give me satisfaction? How will I know I am finished?	(3) GOALS To get the outcome I want, what must happen? What must I do now? What must I accomplish to get my desired outcome? What is the object of my ambition?	(4) ACTIONS To reach my goals, what must I specifically do? How do I break the big tasks into bite-size chunks? What is my checklist? What is my time line? When will it happen?	(5) INDICATORS As I take action, how will I measure and track my progress towards reaching my goals? How will I know if I am advancing towards my desired outcome?
<b>ETERNAL</b>				
<b>EARTHLY</b>				