

LESSON 15

Avoiding A Faith Crisis

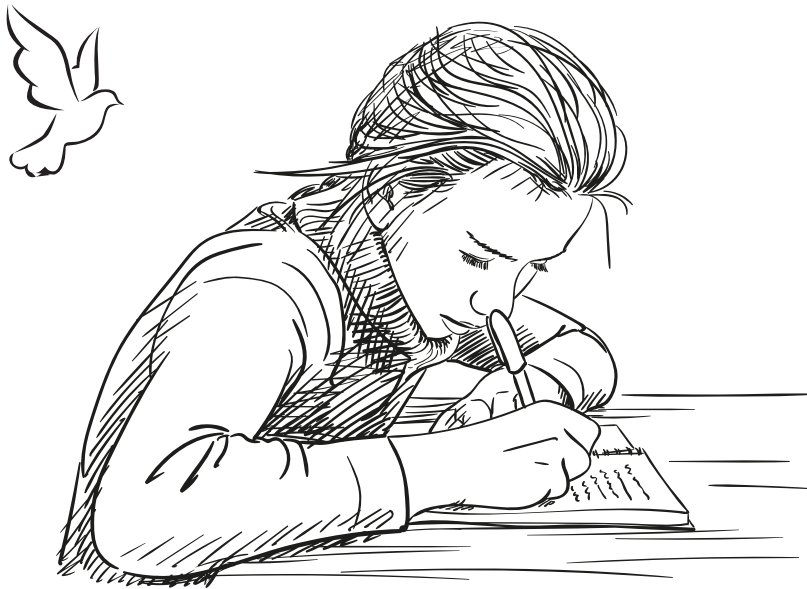
TODAY'S KEY WORD:

Remember

TODAY'S MAIN POINT:

Will you record the times when the Savior spoke “peace to your mind concerning the matter”?

“Did I not speak peace to your mind concerning the matter? What greater witness can you have than from God?” (D&C 6:23)



WEEKLY Q&A

Answer these questions in your study journal.

1. In your journal, write down your spiritual experiences. All of them. Daily. Include:
 - The times you know the Spirit talked to you directly.
 - The miracles you know that were given to you by God.
 - The tender mercies you witnessed in your life.
 - The moments when you were plainly guided by the Spirit.
 - The times you have felt most close to the Savior.
 - The events in your life when you knew the heavens were open to you.
 - The blessings you received that were a result of your obedience.

2. Why is this quote true? “Knowledge carefully recorded is knowledge available in time of need. Spiritually sensitive information should be kept in a sacred place that communicates to the Lord how you treasure it. That practice enhances the likelihood of your receiving further light.” (Richard G. Scott, October 1993)

QUOTE OF THE DAY










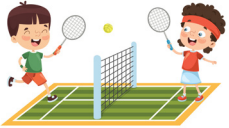







You might think of your spiritual memories this way. With constant prayer, a determination to keep our covenants, and the gift of the Holy Ghost, we navigate our way through life. When personal difficulty, doubt, or discouragement darken our path, or when world conditions beyond our control lead us to wonder about the future, the spiritually defining memories from our book of life are

like luminous stones that help brighten the road ahead, assuring us that God knows us, loves us, and has sent His Son, Jesus Christ, to help us return home. And when someone sets their defining memories aside and is lost or confused, we turn them toward the Savior as we share our faith and memories with them, helping them rediscover those precious spiritual moments they once treasured. (Neil L. Andersen, April 2020)



“Moses, you have a really impressive resume.”

<p>1. DESIRE TO BELIEVE Will you remember to “desire to believe” (Alma 32:27), even if you have questions or doubts?</p> 	<p>2. DON'T DOUBT, BUT ASK Will you remember to replace your doubts with questions as you seek answers to puzzling topics?</p> 	<p>3. MAKE CHRIST YOUR FOUNDATION Will you remember to secure your whole life on Christ—a foundation that cannot fall (Hel. 5:12)?</p> 
<p>4. PRAISE JOSEPH SMITH Will you remember to accept Joseph Smith and the Restoration as the greatest thing since Jesus Christ?</p> 	<p>5. HOLD FAST TO THE ROD Will you remember to “hold fast” to the Book of Mormon, so you will “never perish” (1 Nephi 15:24)?</p> 	<p>6. SEE THE BIG PICTURE Will you remember to keep an eternal perspective when you have questions or concerns?</p> 
<p>7. LEARN THE TRUTH Will you remember to find answers to your questions “even by study and also by faith” (D&C 88:118)?</p> 	<p>8. USE RELIABLE RESOURCES Will you remember to turn to reliable sources when searching for truth that brings you to Christ?</p> 	<p>9. LISTEN TO THE SPIRIT Will you remember to trust the Spirit even more than relying on evidence you can see with your eyes?</p> 
<p>10. KEEP THE COMMANDMENTS Will you remember to “stay within the lines” by obeying God’s commandments without resistance?</p> 	<p>11. EMBRCE CHANGING POLICIES Will you remember to sustain the policies and procedures of the Church with hope, faith, obedience?</p> 	<p>12. VIEW HISTORY IN CONTEXT Will you remember to give Church history a 360° view, put events in context, and focus on what matters?</p> 
<p>13. FORGIVE OFFENSE MEMBERS Will you remember to still stay active in Christ’s Church, even when members and leaders offend you?</p> 	<p>14. MAINTAIN GOOD HABITS Will you remember to maintain good gospel habits so you will never “dwindle in unbelief” (Mormon 9:20)?</p> 	<p>15. REMEMBER WHEN GOD TALKED Will you remember to reflect on the times the Savior spoke “peace to your mind concerning the matter” (D&C 6:23)?</p> 



HOMEWORK

ASSIGNMENT #1: In your journal, make a list of all the things you remembered you already love about the Church and the gospel.

ASSIGNMENT #2: In your study journal, write down the times you remembered when the Savior spoke “peace to your mind concerning the matter” (D&C 6:23)?

ASSIGNMENT #3: Write in your personal journal regularly so that you remember God’s hand in your life.