

# LESSON 1

Avoiding A Faith Crisis





TODAY'S KEY WORD:

# Desire

TODAY'S MAIN POINT:

**Will you “desire to believe” (Alma 32:27), even if you have questions or doubts?**

Will you study difficult gospel topics with your mind and heart using both study and faith (D&C 88:118)?

			
		<b>Mind</b>	<b>Heart</b>
	<b>Study</b>	Thoughts Ideas	Feelings Belief
	<b>Faith</b>	Doing Knowing	Conversion Becoming

The above grid was created by Elder Lynn G. Robbins.  
See the homework assignment on the next page that relates to this grid.

## WEEKLY Q&A

Answer these questions in your study journal.

1. How do you “look unto [the Lord] in every thought; doubt not, fear not” (D&C 6:36)?
2. What is the difference in learning by study and learning by faith (D&C 88:118)? How do they coexist?
3. Who is the source of all truth—both eternal and earthly? (Mosiah 4:9)?
4. How do you learn things—both spiritually and temporally (D&C 8:2-3)?
5. Why is important to have an honest desire to know the truth (Moroni 10:4-5)?
6. What is a requirement to learning worldly and spiritual truths (John 7:17)?
7. How do you received truths of the earth and of the heavens (2 Nephi 28:30)?

## QUOTE OF THE DAY



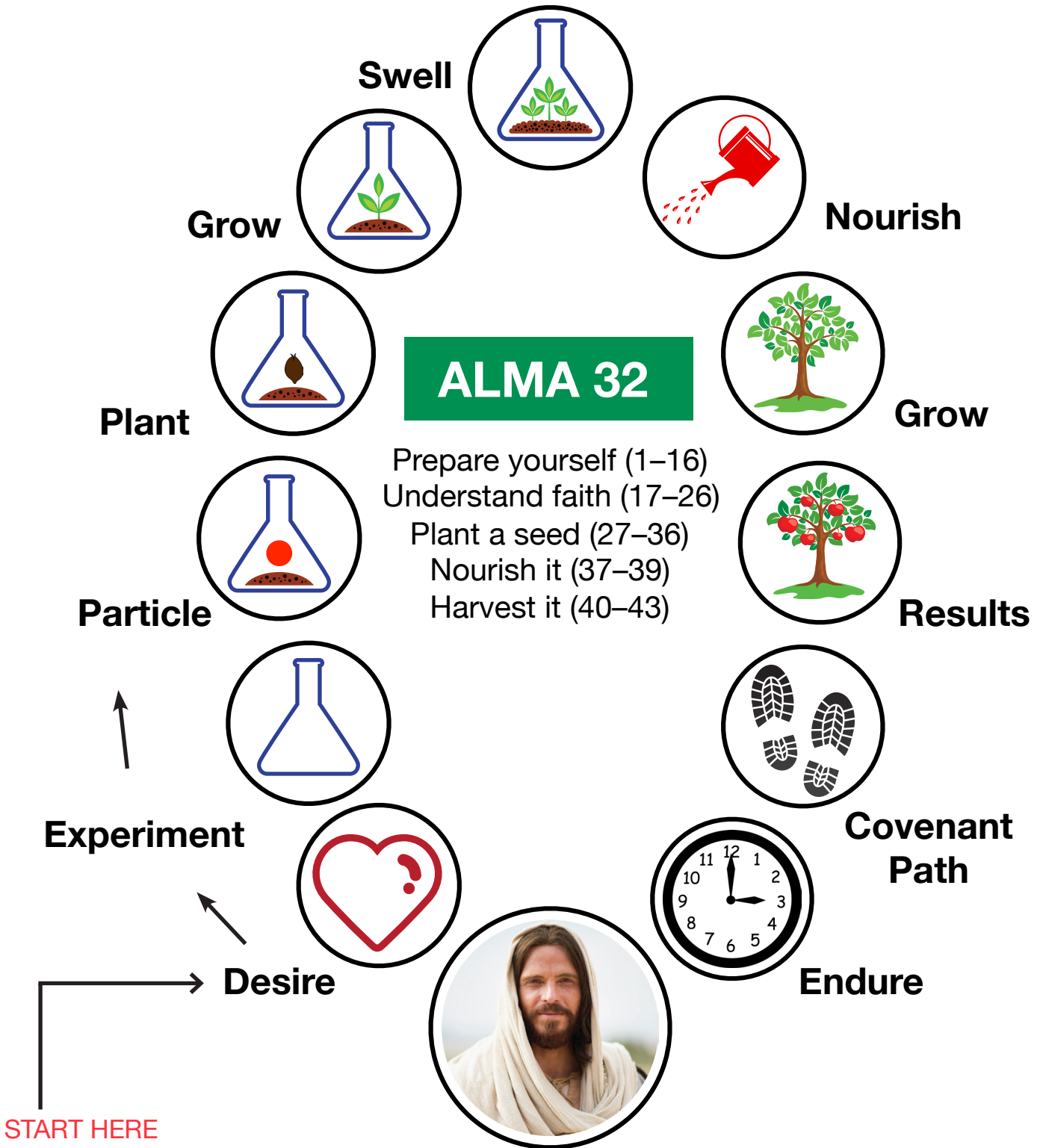
“But he has an urgent, emphatic desire in behalf of his only child. We are told that is good enough for a beginning. “Even if ye can no more than desire to believe,” Alma declares, “let this desire work in you, even until ye believe.” With no other hope remaining, this father asserts what faith he has and pleads with the Savior of the world, “If thou canst do any thing, have compassion on us, and help us.” I can hardly read those

words without weeping. Observation number one regarding this account is that when facing the challenge of faith, the father asserts his strength first and only then acknowledges his limitation. His initial declaration is affirmative and without hesitation: “Lord, I believe.” I would say to all who wish for more faith, remember this man! **In moments of fear or doubt or troubling times, hold the ground you have already won, even if that ground is limited”** (Elder Jeffrey R. Holland, April 2013).



*“Pray all you want. You are still going to have to do the studying.”*

“...by and by ye shall pluck the fruit thereof, which is most precious, which is sweet above all that is sweet... (Alma 32:42)



**HOMEWORK**

**Watch part of this talk.** Elder Lynn G. Robbins shows you how to discover the strength of your testimony, and gives counsel on how to make its growth continual. His entire talk is 1:01:11 long, but I am asking you to watch 17 minutes (12:28 to 29:23). To find the entire video on line, search “Tasting the Light by Lynn Robbins.” Or go to this link: <https://www.churchofjesuschrist.org/media/video/2015-13-0020-tasting-the-light?lang=eng>